

Mission Statement

Sadler Health Center Corporation, a community-focused organization, provides unparalleled health services, delivered by committed, dedicated, and well trained staff that improves the health and well-being of those most in need within our service area.

Sadler's Holiday Celebrations



On Wednesday, December 8th, Sadler hosted a luncheon for its employees, as well as for the Sadler Board members. The luncheon was held in the beautiful Parish Hall at St. John's Episcopal Church and the delicious turkey dinner was catered by L&D Catering.

That same evening, Sadler hosted a Holiday Reception for their patients under 12 and for the children of their adult patients. Each child had the opportunity to get their photo taken with Santa and enjoy cookies, clementines, and refreshments provided by the staff and Sadler's Board and Committee members. Santa distributed toys to each of the children, which were donated by Toys for Tots, arranged through Jim Washington, Executive Director of Hope Station, and a member of Sadler's Board of Trustees. This year, Toys for Tots permitted children to get toy donations from only one distribution site. Sadler also had drawings for bicycle give-aways and Walmart gift cards. 6 bicycles were given away as well as 4 Walmart gift cards.



Zabrianna Nastelli, one of the winners of our bicycle drawing, was informed on her birthday that she won a bicycle and helmet from Sadler.

Santa & Sadler staff: Kristy Bush, Jen Gotthard & Pam Killinger

Acknowledgement of 2011 Donors

The following individuals & businesses have supported Sadler through their tax deductible contributions.

If you'd like to contribute to Sadler, please see the back cover of this newsletter.

Blue Jean Fridays (CAHWF employees)

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Carlisle Area Healthcare Auxiliary

Cindy Evans

Mary Groves

Sylvia Horn

Alyssa Loney

Partnership of Packer—CBC

Presbytery of Carlisle

Project Linus—Karen Stettler

Select Medical Corporation

Nancy Steel

Kevin Stoner

United Way (Sadler employees' contributions & others)

Vectron International

Chris Witmer

Mary Jane Zeigler



Funding for many of the programs and services at Sadler is provided, in part, through a grant from the Carlisle Area Health & Wellness Foundation. (CAHWF)

\$25 gift card recipients

Sadler patients who arrive 15 minutes prior to their appointments can participate in a monthly drawing for a \$25 grocery gift card. A name will be drawn the first week of each month. The same winner is eligible only once in a 6-month period. Congratulations to these winners:



September: Stephanie Hershey



October: Robert Noel Jr



November: Beth Hughes



December: Janice Pace

NURSE—FAMILY PARTNERSHIP NEWS

NFP in Times Square !!



Nurse-Family Partnership was featured in a short spot on the CBS **“Letterman”** video board in Times Square, New York City. About 1.8 million people pass by it each day, providing a great opportunity for NFP visibility. The ad ran multiple times each day in November.

NFP was also included in Columnist Nicholas Kristof’s **“Humanitarian Gift Guide”** column in the Sunday, 12/19/2010 edition of the New York Times, where he highlights charities that he feels are worthy of philanthropic support. NFP was one of only two United States-based charities that he featured in his article. He dubbed NFP as “a stellar organization” in the United States that works with first-time mothers to try to break the cycle of poverty. It sends nurses to at-risk women who are pregnant for the first time, continuing the visits until the child turns 2. The result seems to be less alcohol and drug abuse during pregnancy, and better child-rearing afterward, so that the children are less likely to tangle with the law even years later.

Donation from Select Medical Corporation ~ Nurse Family Partnership was the recipient of Select Medical Corporation’s annual charity Christmas tree contest. The tree was designed by their legal department and was themed ‘Reading to Your Baby-Babies Love Books!’ Select Medical Corporation donated \$100 to Nurse-Family Partnership and their employees made monetary donations as well as donations of children’s books and educational toys. Thank you Select Medical Corporation !!



SADLER WECOMES NEW STAFF

Since our last newsletter, Sadler is fortunate to welcome the following staff members to our Carlisle location:

Lisa-CRNP

Dr. Hemphill-Harris

Christina-Medical Assistant

Nicole-Medical Assistant

George-Maintenance

Brooke-Billing Supervisor

Meghan-Tobacco Cessation Specialist

FLU SEASON PRECAUTIONS



Stop the spread of germs that make you and others sick!

Cover your cough (use tissues or sneeze into your upper sleeve.....not your hands).

Dispose of your used tissues properly.

Clean your hands often. Wash with soap and warm water for 20 seconds or use alcohol-based hand cleaner.

Farewell
Farewell to Fred Thaler,
who retired in October.
Fred is greatly missed by
his patients and the Sadler
staff. We wish you the very
best, Fred.

TOBACCO CESSATION

Congratulations to these recent Perry County Quit Class participants (pictured below).

CONGRATULATIONS!



Barb Radle and Betty Kerstetter



Justin Borrell, Lori Farrell, Brenda Kreiger & Stephanie Arnold

Learn about tobacco addiction and how to successfully quit using tobacco products. All adult and college cessation classes are offered at no-cost and have free nicotine replacements and voucher assistance for cessation prescription medications in the program. Registration is required — call **717-960-4387** or **1-866-Sadler-7** or email healtheducation@sadlerhealth.org to find out about upcoming classes. **Once enrolled, you will receive materials, incentives, and nicotine replacements or cessation medication vouchers to start your quit, at no cost!**

“You have nothing to lose, but the monkey on your back!” (Perry County successful quitter)



Sadler sponsored a panel discussion and presentation by breast cancer survivors during Breast Cancer Awareness Month. The event was held at First United Church of Christ on Pitt Street and was hosted by ABC'S Breast Cancer Support Group.

Bonnie Gentile, Sadler's Lead Front Desk Receptionist for our Dental Department, volunteered her time AND her freedom for the Muscular Dystrophy & ALS Carlisle Lock-Up, held at the Red Robin Restaurant on December 7th. She collected several hundred dollars, which helped to get her out of jail. This support helped local families who are affected by Muscular Dystrophy & ALS. The donations helped to fund the annual MDA Summer Camp, a clinic at Hershey Medical Center & much more! Thank you, Bonnie, for representing Sadler Health Center Corporation through your participation and fundraising.



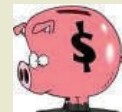
Benevolent Fund

Sadler counts on its friends and neighbors to help us better serve our registered patients. A Rotary Club member donated the winnings from a 50/50 raffle to start the Sadler Benevolent Fund. Later, when Carlisle Hospital was demolished, Carlisle Area Health and Wellness Foundation (CAHWF) suggested that the stones from the hospital's foundation be sold to any interested current/former hospital employee for \$10 and that the proceeds go to Sadler. Over \$1300 was collected from the sale of those stones and that money boosted the amount of funds available for our Benevolent Fund. Sadler employee United Way donations, community/personal gifts, undesignated contributions, and donations from Blue Jean Fridays add to the balance in the Benevolent Fund. As Sadler employees go about their daily duties and interact with patients, they often become aware of issues

that prevent patients from getting the health care that they need. It was decided that the Benevolent Fund would be used to improve service to our patients by:

Providing money for the purchase of over the counter medications, bandages, durable medical equipment or any other basic need.

Providing money for transportation to/from a local care provider, when no other options are available.



Sadler employees may request money from the Fund to support patients' needs.

These funds are NOT used to support the ongoing operating expenses of Sadler Health Center Corporation.



100 North Hanover Street
Carlisle, PA 17013

Tel: 717-218-6670

Monday-Friday:
7:45AM — 5:30PM
Thursday:
7:45AM — 7:30PM

www.SadlerHealth.Org

Vision Statement

The Sadler Health Center Corporation is a community-focused facility that provides seamless, holistic, quality medical, dental, and behavioral health services and education. Dedicated, committed, and well trained employees welcome patients regardless of ability to pay. We strive to enhance the quality of life for our patients and our staff through continuous quality improvement initiatives. Our vision is realized through strong commitment and support from motivated and engaged community partners.

Governed by a community Board of volunteers, Sadler enhances its vision statement through its **Strategic Plan** process. The focuses for the strategic plan are:

- Focus #1: Acquire Resources** (Financial & Community Resources / Recruit & Retain Staff)
- Focus #2: Build Capacity** (Strengthen Internal & External Systems)
- Focus #3: Expand Service Offerings** (Develop Related Primary Care Services ~ Increase Health Education & Prevention Services)
- Focus #4: Emerging Opportunities** (Explore Ways to Improve Services / Build Collaborative Relationships)



“Health and Education for Everyone”

Interested in Donating to Sadler? Your Help is Appreciated!

Choose a specific cause for your donation or help the Benevolent Fund!

Simply detach this form and return it to Sadler Health Center.

Questions? Please contact Dave Cleck, Director of Fiscal Services (717) 960-4324 or dcleck@sadlerhealth.org

The official registration and financial information of Sadler Health Center Corporation may be obtained from the Pennsylvania Department of State by calling toll free within Pennsylvania, 1-800-732-0999. Registration does not imply endorsement.

Cut along this line



Amount of Donation: \$ _____

(Please make checks payable to Sadler Health Center Corporation)

Name:

Address:

Please put my donation towards:

The Benevolent Fund _____

Specific Cause (Please specify) _____
